JOYFUL LEARNING: ALTERNATIVE LEARNING MODELS TO IMPROVING STUDENT'S HAPPINESS

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Abstract. The purpose of this paper to explain the happiness learning model in developing student's potential. Every human being has the potential in their self. the potential of the human being developed through an optimal education. Currently, the applied education focuses more on student learning or student center. Implementation of student center learning will right facilitate students in learning. This is because the student center learning in accordance with the needs of students and focuses on the students themselves. However, in the learning process of the student is not just learning ordinary or just formality, but need psychological attention from the students themselves. During the learning process, students also need to feel excited and happy to learn something. Happiness learning is learning to build a mentally healthy, pleasant surroundings and so forth. Thus, students are not only focused on the subject matter but also enjoy and interpret the lessons learned. Appropriate learning model will be able to realize a happiness learning. We recommend Joyful learning, which is an alternative learning that is not just learning in general, but also focusing on the student, and able to create meaning in learning. Joyful learning was doing with several stages, starting from creating a pleasant environment until mean in learning. In joyful learning, the teacher is important to create a positive environment, which is supported by effective learning media in the form of pictures or videos that applied learning more fun. From happiness learning model will be able to enhance human potential optimally.

Keywords: Learning Model, Joyful learning, Happiness

Abstrak. *Tujuan penulisan ini untuk menjelaskan model pembelajaran yang membahagiakan dalam mengembangkan potensi siswa. Setiap manusia memiliki potensi diri yang perlu dikembangkan melalui pendidikan optimal yangberfokus pada siswa atau student center learning. Penerapan student center learning akan lebih memudahkan siswa dalam belajar dikarenakan sesuai dengan kebutuhan siswa dan berfokus pada siswa itu sendiri, sehinggaproses pembelajaran siswa tidak sebatas formalitas saja, tapi memperhatikan psikologis dari siswa. Selama proses pembelajaran, siswa perlu merasa senang dan bahagia dalam mempelajari sesuatu. Pembelajaran yang membahagiakan dapat membangun mental yang sehat, dan lingkungan yang menyenangkan, sehingga siswa dapat menikmati dan memaknai pembelajaran. Model pembelajaran yang sesuai, akan mampu mewujudkan pembelajaran yang membahagiakan. Joyful learning dapat menjadi alternatif pembelajaran yang tidak sebatas belajar pada umumnya namun juga berfokus pada siswa, dan mampu menciptakan pemaknaan dalam pembelajaran. Joyful learning dilakukan dengan beberapa tahapan, dimulai dari menciptakan lingkungan*

yang menyenangkan, hingga pemaknaan dalam pembelajaran. Dalam implementasi joyful learning, guru berperan penting untuk menciptakan lingkungan positif, efektif yang didukung dengan berbagai media pembelajaran. Dengan demikian, dari pembelajaran yang membahagiakan akan mampu meningkatkan potensi dalam diri manusia secara optimal.

Kata kunci: *learning model, joyful learning, happiness*

Introduction

Humans have the potential, which can be developed through education. Optimal education will be able to develop one's potential and ability to be optimized so that one will achieve his goal. This was confirmed by Wigfield (2010) which says Researchers have looked at some goal orientations towards particular school activities.Thus, the purpose and success of a person depend on education obtained.

In addition, every human being will always grow and continue to learn. According to Mulyani (2013) Every individual has always experienced a learning process in life, the study will allow individuals to make changes in her. The learning process is received by each of these people will determine the change himself and his life in the future.

From this, to be able to provide a good education for student teachers and educators need to consider several things. One of the factors that affect learning outcomes is internal factors which relate to student life and desires that includes intelligence, asked for, and attention, motivation, and maturity themselves (AR, 2015). Of these, in order to realize the ideal of education, teachers and educators need to pay attention to the design, implementation systems and learning methods are given to students.

However, the fact that education today, especially in Indonesia can still be said to be not effective. This is because there are still many schools that use methods that are less appropriate and less creative and innovative, so the learning provided to the student less acceptable and less effective for students. For example, the lecture method is still widely applied in the classroom. According to Ismail (2008), Methods "ceramah" be less effective if used in the classroom with a large number of students, for various reasons, such as most of them less teacher talk shows, and so forth. Of these, Teachers need to innovate and be creative in the process of learning and applying the learning model that is more attractive to students.

Additionally, to be considered in the granting of student learning is psychological. Keawchuer (2014) said the education today aims to produce quality students to Become good citizens who are mentally and physically healthy in order that they can live happily with others. This was confirmed by Roberts (2013) Happiness should be an aim of education, and a good education should significantly Contribute to personal and collective happiness'. From this, when giving lessons to students not only students' understanding of the material provided but also the feelings and happiness of the students themselves.

Kebahagaian a thing that can make people feel calm, motivated and so forth, and it is becoming a major part of education. Micholas (2017) said when people talk about satisfaction or happiness with their whole lives, they are typically referring to a relatively lasting, justified, good feeling and attitude about their lives. This was confirmed Uusitalo-Malmivaara (2012) Children should feel good, enjoy their lives and flourish. Therefore, happiness becomes the main thing in life and in education in order to become a person who continues to evolve for the better. thus, if the students have happiness, students will be able to undergo a learning process with a more optimal and more to enjoy.

Happiness in education can be obtained from a wide variety of educational models. Surely selected educational model needs to consider aspects of learning models. Learning fun or Joyful Learning can be a learning model that can be used to create a cozy atmosphere and makes students become happier.

Model joyful learning is defined as learning with joy. According to Wei (2011) "joyful describes as a kind of feeling, expressing and causes great pleasure" ... "'joyful learning' as a kind of learning process or experience which could make learners feel pleasure in a learning scenario/process ". Of these, joyful learning itself is defined as learning that makes students feel comfortable and enjoy the learning process.

In addition, written by Anggoro (2017)) Joyful Learning are strategy, concept and practice of synergic learning of meaningful learning, contextual learning, the theory of constructivism, active learning, and child psychological development. of this, joyful learning is not only a contextual learning but also pay attention to the details related to the psychological condition of the students themselves.

From what has been mentioned previously, can be developed that Joyful learning is a learning process in which there is a pattern of relationships between teachers and students. In addition, the learning process is no feeling forced or pressured, so it is necessary to create a pleasant atmosphere and there is no burden for both teachers and students to do the learning. This was confirmed by Berk (in Darmansyah, 2011) which says that the Learning Exciting (Joyful Learning) is a way of thinking and directions made by the teacher to condition the delivery of material that is readily accepted by the students, so it is easy to understand the students and enable the achievement of learning achievement expected. From here joyful learning activities will not suppress student learning through joyful learning and will be able to achieve the expected student achievement.

Learning through learning Joyful contains the learning process in the form of songs, games, surveys, storytelling, and use of educational toys. It is certainly hoped that the program could stimulate interest among students and encourage them to participate in the interaction in the classroom. Expected to be created so that the learning process that is effective, efficient and enjoyable.

Method

The method is a literature study (review). The data/information obtained from the literature and are prepared based on the study of data/information obtained. Literature used include books, Legislation-invitation, conference papers, proceedings, journals print edition and online edition, the results of research and scientific articles were sourced from the internet. Data obtained varied types, qualitative and quantitative measures. The collected data were selected and sorted according to the study topic. Then do the preparation of papers based on the data that has been prepared in a logical and systematic. The data analysis technique is descriptive argumentative. The writing is done by looking at the relevance and synchronization between the data with data /other information appropriate to the topic being studied. Next, and then do conclusion papers. The conclusions obtained after referring back to the formulation of the problem, the purpose of writing, and discussion. Conclusions were drawn to present the subject of writing and supported with practical suggestions as subsequent recommendations.

Result and Discussion

As stated earlier, in providing education to the students, the need for a teacher or educator for psychological attention in children. This is because the psychological in students during the learning process will greatly affect the results and student achievement. In addition, the learning process will be passed by any student will also affect the effectiveness of learning provided.

Of these, joyful learning model has to be able to optimize the potential of students and the effectiveness of existing learning. This was confirmed by Anggoro (2017) which says that the Joyful perception is a positive influence on the motivation of learners. Yunianto (in Aji, 2014) also concluded that based learning joyful learning can improve the quality of the learning process. It must have been the foundation that "joyful learning" have to be able to further optimize existing learning and performed by students.

In Joyful learning, learning is done and given to students is done in various activities more enjoyable. Asmani (2011) states that learning joyful learning expect teachers to monitor the activities, provide feedback, ask questions, question the idea, creating an interesting learning, improve motivation and make the students are not afraid to try. Besides the activities in Joyful learning provides learning process in the form of songs, games, surveys, storytelling and so forth. activities undertaken in joyful learning was done in multiple sessions and multiple stages.

The first steps that need to be done are planning. Planning here is done to determine the needs of students so they will know what activities need to be done and what the media needs to be prepared. At this stage, teachers also need to know the atmosphere and the classroom environment so that teachers will be completely familiar with the conditions and environment class of students.

Then the second stage is the stage of implementation. This implementation is based plan that is prepared in advance. for example, a teacher planning to train a student creativity through games. Classroom teachers are doing in accordance with prior planning, for example, the teacher asks the students to draw a form and each of his friends went on the image. Then at the end of every student is allowed to express their opinion or image-related recalled that they made together, so that each student will have a different story.

Still, in the implementation phase, the teacher also made observations in the implementation process of learning. That teachers look at is whether students are able to behave assertively, feel comfortable and active in every activity. This is done to know the happiness of the students themselves.

Then at the last stage is the teacher to evaluate what he had done. Achievement of the objectives of teaching, learning becomes an indicator of success. Moreover, from here will be the level of happiness of students who have been through various stages of learning, so that from here will be determined which parts need to be added, subtracted and corrected in order to optimize the learning model joyful learning. This will help teachers to create a joyful learning more effective and more fun.

Of joyful learning activities such as the example above, is expected to create an enjoyable process. Students do not find themselves in a serious situation or stressful. in the joyful learning, students will be more interested and more to optimize what is in the student. In addition, the joy of learning fun learning will be accepted by the students and the students themselves will be enjoying learning provided by the teacher. In addition, through a fun learning will increase the motivation, the ambiance and the sense of comfort submarine positive learning process. Therefore, through joyful learning models will be acquired learning can be enjoyed by the students and the material presented by the teacher students can be accepted as a whole.

Conclusion and Suggestion

Based on the foregoing it can be concluded that the importance of positive psychology in the student would greatly affect the student's ability in the future. Positive psychology is such happiness in the learning process needs to be owned by the students. The happiness of the students will be very influential in student achievement.

In realizing education that can increase the happiness of students, there are some things that need to be considered one of them is a model of learning provided. There are

various models that can be applied to create an atmosphere, joyful learning has become one of the learning models accordingly. From this method is expected to increase the happiness of the students during the learning process provided by the teacher.

Joyful learning models that contain the learning process in the form of songs, games, surveys, storytelling, and use of educational toys. From the wide range of learning, students will be enjoying the learning process. In the end, potential, skills, and abilities of students will develop optimally.

Suggestion for the next author, the need to examine more deeply joyful learning related learning model. Then for principals, teachers and school communities need to try and learn the technicalities of learning model joyful learning. Moreover, parents also need to be given a joyful learning socialization that can be used as an alternative to learning that can also be used in schools. From the foregoing, it is expected potential and happiness of students will grow, so the ability to grow optimally and students can enjoy the lessons learned.

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